

PERSONAL JUNGLE KIT



	What I Need	What I Have	Packed		What I Need	What I Have	Packed		What I Need	What I Have	Packed
BAGGAGE				CLOTHING				JUNGLE S.O.P kit			
Rucsac				Shirt long sleeve x 2 4				bag/waist pouch			
Day Sack				T shirt x 2				compass			
Shoulder Bag/waist pouch 1				Sweatshirt/ light fleece				whistle			
Rucsack liner				Trousers x 2 4				mini medical kit			
Stuff sack				Shorts				toiletpaper/tissue			
Dry bag				Swimwear				water purification			
SECURITY				Underwears x 3				water bottle & cup			
Hideaway pouch				Socks x 3				10 mts paracord			
water proof outer or inner				sarong				torch			
SLEEPING				Waterproofs/poncho				brew kit			
Sleep Bag 2				Boots - walking/jungle				mosi repellent			
Sleep bag liner				Boots - desert/travel				emergency money			
Tropical quilt 2				Sandals/flipflops/jellies				sunscreen			
Pillow/pillow case				Hat				candle			
Neck cushion (inflatable)				Large cotton scarf				storm matches			
Sleep mat (foam)				gloves				SURVIVAL KIT			
Waterproof fly/ground sheet 3				EATING				tinder			
Mosquito net + treat.				Mess Tins/cook pot				signal mirror			
Hammock				Bowl				condoms			
Tent				Cup				flint & steel			
Bivi				Knife/fork/spoon				wire saw			
LIGHT/FIRE				Spoon							
Torch				Cooker							
Lighter				Fuel Bottle							
Matches				Rations							
Tub candle				WATER							
ESSENTIALS				Water bottle 1 litre x2							
Knife				Water bottle 2 litre							
Machete				Bladder bottle 5/10 lt							
Gaffa Tape				Water purification chem							
Cord				Water purification pump							
bungees				Millbanks bag							
tent pegs				HYGEINE							
Washing line				Toothpaste							
Sewkit + strong thread				Foldup toothbrush							
Safety pins				Razor + cream							
Ear plugs				Wash bag							
Maps				Travel towel							
Books				Shower towel							
Guide books				Shower gel							
Pocket dictionary				Wet ones							
Note book & pen				Toilet paper/tissue							
Compass				Laundry soap							
Transparent wallets				All purpose soap							
Playing cards/games				Shampoo							
Watch				Sanitary protection							
OTHER				HEALTH							
Camera				Insect repellents (DEET)							
Film				Insect killer (Permethrin)							
Batteries				Medical first aid kit							
Sunglasses				Injection Kit							
Swimming goggles				Vitamins							
GPS				Malarial tablets							
Walking pole				Immunisation (inc. certs)							
				Sun screen							
				Moisturising lotion							

Instructions

1. to carry standard operating procedure equipment. To be carried in jungle at all times.
2. for high jungle regions use the quilt in conjunction with a 1 season sleeping bag.
3. best known as a basha this must be large enough to more than cover the hammock (use in combination with poncho)
4. take one cotton and one in man made fabric for greatest versatility.